

As a landlord or property manager catering specifically to seniors, you have a lot to consider when it comes to a smoke-free policy.

Your residents have unique health challenges and typically higher smoking rates. Their housing choices are also limited and often dependent on timing, availability, specialized services and proximity to family or other caregivers. Moving can be incredibly disruptive and difficult for those with disabilities, memory loss or other mental-health conditions. You don't want to add stress or further inhibit any aspect of their enjoyment of life.

Despite the complexities, a smoke-free policy for seniors' housing tends to make the most sense. It ensures that your most vulnerable residents have a safe and healthy place to live with clean air in their homes. Seniors often have pre-existing health conditions that can be exacerbated by second-hand smoke exposure, and they are more likely to have mobility issues increasing their risk of harm in the case of a fire. You may also have staff working in your residences who deserve the same protections from second-hand smoke exposure at work that most Albertans are afforded.

You can make the development of a smoke-free policy an inclusive and empowering process for all your residents through thoughtful engagement and a mindfulness of best practices.

did you know?

Smoke-free policies in multi-unit housing are 100 per cent legal.

These policies do not prohibit tobacco users from smoking. A smoke-free multi-unit policy is used to clearly indicate where smoking is and is not permitted.

learn more

Learn more about how to plan, develop, implement and enforce a smoke-free policy for your building at smokefreehousingab.ca. You will also find:



practical
tools and
resources



your legal
questions
answered



sample
documents and
policies



free promotion
for your smoke-
free property

Join the movement toward smoke-free living!
smokefreehousingab.ca



Canadian
Cancer
Society